



CALENDARIO CORSI SETTMANALI



LUNEDI	MARTEDI	MERCOLEDI	GIOVEDI	VENERDI
	PILATES 9:30 - 10:30		PILATES 9:30 - 10:30	
YOGA 11:00 - 12:00	YOGA 11:00 - 12:00	YOGA 11:00 - 12:00	YOGA 11:00 - 12:00	
PILATES 17:30 - 18:30	PILATES 17:30 - 18:30	PILATES 17:30 - 18:30	PILATES 17:30 - 18:30	
YOGA 19:00 - 20:00	YOGA 19:10 - 20:10	YOGA 19:00 - 20:10	YOGA 19:10 - 20:10	BIODANZA 19:30 - 21:30
PILATES 20:30 - 21:30	PILATES 20:15 - 21:30	PILATES 20:30 - 21:30	PILATES 20:15 - 21:15	